



Better primary health care through team-based initiation of advance care planning and palliative care

Mentoring Program: Information Sheet

Introduction

Mentoring that involves discussion and reflection can improve understanding and retention of information. Furthermore, mentoring can increase the likelihood of transfer of learning into work practices. As part of the Advance Project™ you have the opportunity to take part in an individual, or team tele-mentoring/coaching session with our palliative care clinical nurse consultant and clinician mentor at a time that is convenient for you.

Aims

Depending on what other training you have already undertaken as part of the Advance Project™, the aims of this mentoring session are to:

1. Orientate you to the Advance Project™ resources and training options (where applicable)
2. Consolidate your learning from the Advance Project™ online learning modules, and/or
3. Identify any challenges and develop strategies for implementing one or more of the Advance Project™ resources into your clinical practice.

For nurses this one on one mentorship can generate 1 CPD hour!

One hour of active learning equals one hour of CPD

- 15 minutes preparation
- 30 minutes discussion with mentor
- 15 minutes reflective practice

The CPD must be relevant to the nurse's context of practice. Documentation of self-directed CPD must include dates, a brief description of the outcomes, and the number of hours spent in each activity.

References ANMC (Australian Nursing and Midwifery Council) (2009): Continuing Competence Framework for Nursing and Midwives Nursing and Midwifery Board of Australia: Guidelines for Continuing Professional Development

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For more information on the Advance Project please go to our website:

www.theadvanceproject.com.au



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