



Initiating palliative care and advance care planning: training and resources for General Practice Nurses



WELCOME TO THE NEWSLETTER OF THE ADVANCE PROJECT • ISSUE 3

STOP PRESS: It's not too late to get onboard!
You can still do the **Advance Online Training** free (gives 2 CPD hours).
And you can download the **Advance Toolkit**, access our **screening, assessment and training tools**, and learn to implement the benefits of Advance into your daily clinical practice.

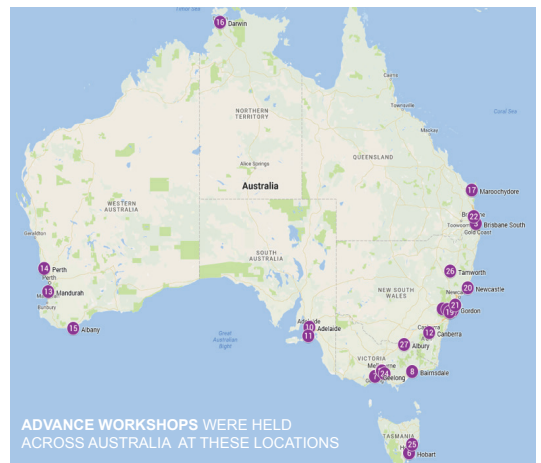
1. Advance Project Update

What a great year! We've been all over Australia, we have exceeded our targets, and your feedback was amazing. Thank you!

A big thank you to all those who have participated in Advance over the last 12 months. We've been delighted with your tremendous response and involvement! Here's a brief Advance Project update.

Advance Workshops were held across all states/territories of Australia, with over 400 General Practice Nurses attending - exceeding our targets! Congratulations to everybody who got involved.

And a big thank you for all the positive feedback! Comments are included below:



"I had a better understanding about ACP/PC screening, also I realised how much more I can do to care for my patients"

"Very enjoyable session – getting excited to implement ACP into my practice"

"Loved the videos – very easy to understand. They were very real scenarios. Great to see the tools in action"

"This workshop has answered many of my questions about ACP and given me the grounding and tools to further implement this planning into my everyday practice"

"I feel more confident of when I should introduce the tools - eg give IPOS tool in waiting room or at 75 health assessment"

"An excellent workshop with great presenters and very relevant content. Very useful tools and I look forward to taking them back to my practice"

"The workshop highlighted important information that I can use daily with HA (health assessments). I have new confidence and energy"

2. You can still get involved.

Even though Advance Workshops have now been completed, our online training is still available – it's FREE and gives 2 CPD Hours. Designed for busy people! You can stop and start whenever it suits. And you can go at your own pace, in your own time.

It's easy to get access

- > Go to the **Advance website** - www.caresearch.com.au/advance - Click on **Get Started Now** and at **Joining the Project** page – put in your details and create your own password and answer the eligibility questions. * Keep a note of these details so that you can use them again when you log into the training website.
- > You will receive an email to notify you that have access to the **Online Learning Modules** at <http://training.caresearch.com.au/>
- > Login into the training website <http://training.caresearch.com.au/> using the details you used to join the project and get started!!

Remember there are three modules, and you need to complete all three to get your **Certificate of Completion** and **2 CPD hours**.

Use the Advance tools and be paid to be part of a national Clinical Audit

If you've completed the training and are using or planning to start using Advance in your everyday clinical work, we would value your contribution and feedback to improve the quality of the assessment process – and you will be reimbursed for your time. The sample audit forms can be downloaded from the Advance website when you login. Find out more about the Clinical Audit here or please contact us to find out more.

Interested in being part of the clinical audit? Please email us at advanceproject@hammond.com.au

Need further support? Contact us at AdvanceProject@hammond.com.au to access individual tele-mentoring from our team at a time that suits you.

Learn more at the Advance website today - www.caresearch.com.au/advance

3. Looking ahead - great news!

New funding to extend the Advance Project!

We are very excited to have received further funding from the Australian Government, Department of Health from 11th August 2017 to the end of June 2020 to extend the Advance Project to provide training and resources for other primary and chronic/complex care clinicians to enable them to initiate palliative care and advance care planning.

This will include ongoing support for our General Practice Nurses, as well as complimentary training for General Practitioners and Practice Managers to enable a team based approach to initiating advance care planning and palliative care in General Practice.

The title of the new grant is "**The Advance Project: Initiating palliative care and advance care planning through training and resources for primary and chronic/complex care clinicians**". We will provide further information about the new project once this gets underway.

What is Advance? Advance is a free toolkit of screening and assessment tools and a training package, specifically designed to support nurses in Australian general practices to work with general practitioners (GPs) to initiate advance care planning (ACP) and palliative care in everyday general practice. The Advance Toolkit consists of six screening and assessment tools and a Guide, which indicates how to implement the screening tools in a systematic way in general practice.

The toolkit was informed by a literature review of the best available evidence about tools to support palliative care and ACP in general practice, as well as input from our expert advisory group and feedback from general practice nurses, general practitioners and Carers Australia.

Like to know more? Learn more at the Advance website today www.caresearch.com.au/advance